

## **Local Wellness Policy Activity and Assessment Tool Summary**

The Arizona Department of Education (ADE) Local Wellness Policy Activity and Assessment Tool is used by the Osborn School District to assess its Local Wellness Policy (LWP). Developed by ADE, the survey addresses key areas of an effective wellness policy. This is a useful tool in assisting in the development, implementation, and assessment of our LWP and the effectiveness of the District Wellness Committee.

Each year, progress toward creating a healthier environment is made. As a district, we excel in many areas. Specifically, school gardens, a nutritious, non-pricing breakfast and a lunch that exceeds requirements to name just a few. We do our best to create a safe and inviting location for students to consume meals, provide nutrition education, and are proud of a staff who are educated and trained above and beyond the minimum requirements.

We strive to continue to remain on the cutting edge of the business of child nutrition by listening to our customers, gathering feedback from our parents and staff, then making small adjustments. By using the survey, we are able to measure our progress toward excellence.

### **2018-2019 GOALS**

- I. Increased participation from the community in the development and implementation of the Local Wellness Policy by recruiting additional parents to serve on ***District Wellness Committee***.
- II. Provide additional nutrition education at each school and in the classrooms by offering support and materials to our teaching staff and providing classes in the Garden Café.
- III. Conduct and attend professional development programs which train staff through the use of nutrition education curriculum.
- IV. Nutrition Education/Garden coordinator to fully utilize the nutrition education opportunities available through school gardens.
- V. Recruit local agricultural partners in food and nutrition education programs.
- VI. Increased community outreach to promote healthy eating and exercise.

## **Would you like to be a part of something big by investing a small amount of time?**

Join our District Wellness Committee!

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